



## Hansen School District COVID-19 Protocols and Return to Play

### Plan & Guidelines

#### IHSAA School Reentry Guidelines

1. All schools who host events are required to have a plan in place for fans and team's attendance. This must include reference to the Governors reopening guidelines for Stages 1, 2, 3 and 4. Each district's school board, in conjunction with guidance from the local health department must approve the plan before games can be hosted.
  - a. School districts may use the Governors reopening guidelines or come up with guidelines of their own, in conjunction with guidance from the local health department.
2. A transportation plan, when applicable, for practices and games.
3. Plan to deal with positive test of student athlete or coach involved directly with the program formulated in conjunction with the local school board and local health department.
4. Return to participate plan formulated in conjunction with the local school board and local health department.

*Implementation plan is for Categories 1 (green) and 2 (yellow/orange). If the school enters Category 3 (level red per HSD Reopening Plan), the sports season will be put on hold and/or cancelled.*

#### Basic Safety Measures for teams

##### **Category 1 -- Green (low to no community spread)**

- ★ Liability Wavier must be signed/agreed upon by all athletes and parents/guardians of athletes who wish to participate in athletics during the 2020-2021 seasons. This form must be completed and given to Mr. Lasso, athletic director, before an athlete is allowed to participate.
- ★ Coaches and players will be taught/ reminded about signs and symptoms of COVID-19 for screening purposes and basic safety measures that can be taken.
- ★ Coaches and players should not come to practices or games if they have any of the COVID-19 symptoms
  - Fever of 100.4 or higher
  - Cough
  - Sore throat
  - Difficulty breathing
  - Diarrhea
  - Nausea

- ★ Masks are encouraged but not required.
- ★ Athletes, coaches, and other staff alike will wash/sanitize their hands on a frequent basis during the day, practices, and events.
- ★ Hand sanitizing stations will be provided at various convenient locations by HansenSchool District, for use by all athletes, coaches, support staff and fans. Athletes will be required to sanitize before, during, and after practices or athletic contests.

### **Category 2 - Yellow (minimal to moderate community spread)**

- ❖ Same as Category 1

#### **Screening Procedures:**

- ❖ Categories 1 and 2 will utilize the same procedures
- ❖ Head coaches will be responsible for collecting and documenting the following information during practice and games. Data will be collected weekly by the Athletic Director.
  - Temperature check -- considered fever if over 100.4°F or higher
  - Experiencing COVID-19 symptoms (listed above)
  - Been in contact with anyone who has shown symptoms or tested positive for COVID-19
- ❖ If a coach or athlete has a fever or answers yes to any of the questions, he/she will not be allowed to participate and must go home. This information should be communicated to the AD by the coach. A coach or athlete with any COVID symptoms needs to stay home and wait until all of the symptoms are gone without medication for 72 hours.

#### **Practice Safety**

### **Category 1 - Green ( low to no community spread) & Category Yellow (minimal to moderate)**

- ❖ Students who are not allowed to be at school due to COVID-19 procedures are not permitted to attend practice or games.
- ❖ Coaching staff and athletes will be screened for signs/symptoms of COVID-19 before starting practice. Any staff or athlete with signs/symptoms or a temperature greater than 100.4°F will not be allowed to practice, See screening procedures for specific information regarding this process.

- ❖ A record of all individuals present must be kept.
- ❖ Students must bring their own water bottles and they cannot share.
- ❖ Any shared equipment (weightlifting equipment, footballs, volleyballs, etc.) will be regularly disinfected before and after practices.
- ❖ Coaches and students should wash their hands just before participating in practice and immediately following practice.
- ❖ Individuals should engage in social distancing of at least six feet, wear face coverings (when possible), practice good hand hygiene, avoid touching one's face, cover coughs and sneezes with arm/elbow, and disinfect surfaces and objectives regularly.
- ❖ When indoors, allow an appropriate number of people to ensure that social distancing may be maintained.

### **Game Safety (Players and Officials)**

#### **Category 1 - Green (low to no community spread)**

- ❖ Students who are not allowed to be at school due to COVID-19 procedures are not permitted to attend practice or games.
- ❖ Coaching staff, athletes, and officials will be screened for signs/symptoms of COVID-19 before starting warm-ups. Any staff, athlete, or official with signs/symptoms or a temperature greater than 100.4°F will not be allowed to participate. See screening procedures for specific information regarding this process.
- ❖ Students must bring their own water bottles and they cannot share.
- ❖ Any shared equipment (weightlifting equipment, footballs, volleyballs, etc.) will be regularly disinfected before and after each game.
- ❖ Coaches and students should wash their hands just before participating in warm-ups, before the second half, and immediately following the game, if possible.
- ❖ Individuals should engage in social distancing of at least six feet (when possible), wear face coverings (when possible), practice good hand hygiene, avoid touching one's face, cover coughs and sneezes with arm/elbow, and disinfect surfaces and objectives regularly.

### **Category 2 - Yellow (minimal to moderate community spread)**

- ❖ Same as Category 1, plus:
- ❖ The other school is expected to be practicing these same level of safety measures, including for travel, or we will not participate in the event(s).
- ❖ Face coverings required for all coaches, managers, score officials, etc.).

### **Game Safety (Spectators)**

#### **Category 1 -- Green (low to no community spread)**

- ❖ Face coverings will be recommended for all fans greater than 2 years old or those with health issues that could be exacerbated by face coverings.
- ❖ Signage will be posted encouraging attendees to social distance.
- ❖ Hand sanitizer will be made available at all entrances.

#### **Category 2 - Yellow (minimal to moderate community spread)**

- ❖ Number of spectators will be decreased to meet social distancing requirements
- ❖ Face covering will be required for all spectators in the gymnasium.
- ❖ Face coverings required when social distancing cannot be maintained on the football field.
- ❖ Option 1: If we are instructed that gatherings cannot exceed 50 people, spectators will not be allowed inside the venue.
- ❖ Option 2: Administration will determine the maximum number of spectators a venue can hold while implementing 6' of social distancing. Sporting events will be limited to that number of spectators while we are in Category 2.

## Transportation (Away games)

### **Category 1 - Green (low to no community spread) & Category 2 - Yellow (minimal to moderate)**

- ❖ Transportation will not be provided to home events.
- ❖ Coaching staff and athletes will be screened for signs/symptoms of COVID-19 before boarding the bus. Any coach or athlete with signs/symptoms or a temperature greater than 100.4°F will not be allowed to board. See screening procedures for specific information regarding this process.
- ❖ Students are encouraged to wear a mask while on the bus and use the provided hand sanitizer on the bus.
- ❖ The bus roof vent and other windows will be used for ventilation when weather permitted.
- ❖ A coach or student who begins showing signs or symptoms of COVID-19 will immediately begin wearing a mask and will social distance as much as possible. If possible, an alternative arrangement will be made for the coach's or athlete's return to Hansen.

## Player/Coach Tests Positive and Return Plan

### **Category 1 - Green (low to no community spread) & Category 2 - Yellow (minimal to moderate community spread)**

- ❖ If a player or coach has COVID-19 symptoms but does not receive a COVID-19 test will need to stay at home for 14 days and be symptom free to return.
- ❖ After a negative test result, a player or coach needs to stay home until all symptoms are gone, without the use of medication for 72 hours.
- ❖ A student or coach that tests positive for COVID-19 must remain in quarantine until the health authority releases him/her from quarantine.
- ❖ If a coach or athlete tests positive for COVID-19, the High School Administrator and athletic director will work with South Central District Health to determine how to proceed with the season and how long players who came in contact w/ the positive player should quarantine.
- ❖ Communicate to other schools when an athlete or coach tests positive when we have interacted with them in the past 10 days or will interact with them in the upcoming 10 days.

## **Assumption of the Risk and Waiver of Liability**

### **Relating to Coronavirus/COVID-19**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

The Hansen School District (HSD) has put in place protective measures to reduce the spread of COVID-19; however, the HSD cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending activities on the campuses of HSD could increase your risk and your child(ren)'s risk of contracting COVID-19.

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By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending activities on HSD campuses and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 while on HSD campuses may result from the actions, omissions, or negligence of myself and others, including, but not limited to, HSD employees, classified staff, coaches, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance in activities or participation in HSD programming ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the HSD, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the HSD, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any HSD activity.

The safety of our employees, students, families and visitors remains the HSD's priority. To prevent the spread of COVID-19 and reduce the potential risk of exposure to all parties, we are conducting a simple screening questionnaire with this waiver. Your participation is important to help us take precautionary measures to protect you, your Child(ren) and everyone on campus. Please circle your answers.

1. *Has your child had close contact with or been diagnosed with COVID-19 within the 30 days?\**

**YES NO**

2. Has your child experienced any of the symptoms below in the last 14 days? (fever, chills, cough, sore throat, respiratory illness, difficulty breathing, or loss of taste or smell)

**YES NO**

3. If my Child(ren) develop(s) any of the above symptoms I will keep them home, notify the Coach and seek medical care to obtain a physicians note stating it is safe to return to participation. **YES**

**NO**

\*\* If the answer is “yes” to questions 1 or 2, access to campus activity will be denied until a physician’s note is delivered to the Athletic Director or administration

Signature of Parent/Guardian

Date

Print Name of Parent/Guardian  
Participant(s)

Name of Club