

Hansen Elementary November Newsletter

- November 14th –Booster Club Meeting at 7 pm
- November 15th –Thanksgiving luncheon
- November 16th –Student Success Day
- November 19th –World’s Finest Chocolate money and orders are due
- November 19th –School board meeting at 7 pm
- November 20th –Chick Fil-A Spirit Night 5-8 pm
- November 21st –No school—Thanksgiving break
- November 22nd –No school—Thanksgiving break
- December 1st –4th grade participating in Santa 5K walk/run in Twin Falls (www.mavtec.org)

Hansen Elementary Noticias de Noviembre

- 14 de Noviembre –Reunion del club de refuerzo alas 7 pm
- 15 de Noviembre –Almuerzo de accion de gracias
- 16 de Noviembre –exito estudiantil
- 19 de Noviembre –Ultimo dia de recolectar el dinero y las ordenes de (World’s Finest Chocolate)
- 20 de Noviembre –Noche de familia en Chick-Fil-A de 5-8 pm
- 21 de Noviembre –No Habra clases debido al dia de accion de gracias
- 22 de Noviembre –No Habra clases debido al dia de accion de gracias
- 1 de Diciembre –Se llevara acabo la caminata de los participantes de 4 grado (Santa 5k) en Twin Falls
www.Mavtec.org

November Impact Club Newsletter

- **NO** Impact Club (after school) for Thanksgiving Break:
 - Monday, November 19th thru Friday, November 23rd
- **Love & Logic – Parent Tip** for the month:

Have you ever seen a kid just crumble at the first hint of difficulty? More teachers are noticing this and are pointing out the tremendous need for their students to develop *resiliency* and determination.

I recently watched a mom at a park, hovering near her toddler who was attempting to climb a short flight of steps to a slide. As soon as the little guy paused and struggled to get his foot up to the bottom step (which was designed for toddlers), Mom swooped over and lifted him to the top of the steps. Then she waited at the bottom, reassuring him all the while. Fortunately, Mom was soon distracted by one of her other kids “needing help” and before she realized it, the boy was ascending the steps and sliding down like a pro. Good news for that little boy’s resilience development.

We know kids are going to go through some struggle in life and that is a *good* thing. We also know there won’t always be someone there to solve all their problems or verbally coddle them.

The abilities to 1) manage unfavorable events and to 2) continue with challenging tasks are top predictors of success in many areas (including academics and relationships). We must not rob kids of the gift of struggle – a crucial ingredient in the resiliency formula.

One of the easiest ways to begin developing resiliency with children is simply asking them how they are going to handle problems. Resisting our urge to quickly solve the problem for them or tell them what to do, we can make a soft, empathetic sound and ask, “Hmm, what do *you* think *you’re* going to do?”

Just the act of thinking about solutions begins the powerful process of owning and solving problems. We want kids to believe solutions don’t have to come from an outside source, but can come from inside. Whether they come up with great solutions or not, just the act of wrestling with the problem will begin to strengthen their “resiliency muscles.”